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How to Open a Medical Practice.

The Safe Path

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How to Open a Medical Practice
The Safe Path

Opening a medical practice is not simple. It requires navigating regulations, permits, architecture, safety codes, staff certification, and inspections that must be passed on the first attempt. Most costly mistakes happen in the early decisions.

The 5 Stages You Must Control

1. Legal & Business Structure
Select the right entity (LLC, PA, PLLC, Corporation), register your legal entity with the appropriate Secretary of State in your state of operation, define DBA, and structure partnership agreements correctly.

2. Financial Foundations
Open a business bank account, define payment systems, build a realistic budget, and include a 20–30% safety margin for unexpected expenses.

3. Location Selection
This is the most critical step.
Confirm:

- Medical zoning
- Fire Marshal requirements
- ADA compliance
- HVAC capacity
- State Building Code

A wrong location = months of delay + expensive remodeling.

4. Permits & Inspections
Depending on your services, you may need:

- DOH approvals
- Biomedical Waste Generator permit
- CLIA
- Radiation/X-Ray
- City + County Business Tax Receipt

5. Architecture & Build-Out

Healthcare design must ensure:

- Correct floor plan
- Clinical sinks & plumbing
- Fire-rated structures
- Infection control
- Approved materials

6. Equipment & Medical Technology

Equipment and build-out must be planned together.

In some projects (imaging, lasers, certain surgical devices), the equipment is selected first and construction is adapted around it – but it should never be purchased in isolation from design, permits, and technical requirements.

You will need:

- A clear list of essential clinical equipment by specialty
- Verification of electrical, HVAC, floor load, shielding and plumbing requirements for key devices
- Biomedical refrigeration when cold chain is required
- EMR/EHR compatible with HIPAA and your workflow
- Patient scheduling and telemedicine platforms, when applicable

The goal is not to delay equipment, but to avoid signing for high-ticket devices before confirming feasibility, total installed cost, and compliance implications.

7. Staff & Certifications

Your staff is part of your compliance system.

Inspectors require proof of:

- HIPAA
- OSHA
- Bloodborne Pathogens (BBP)
- BLS/CPR
- Missing documentation = automatic inspection deficiency.

Why Practices Fail Before Opening

- Lease signed without medical zoning
- Architect with no healthcare experience
- Equipment purchased before confirming appropriate infrastructure
- Missing DOH or biomedical permits

- Incomplete staff certifications
- Poor documentation for infection control

Your Safe Path Forward

Netsaluti Consulting guides physicians through:

- Regulatory compliance
- Architectural coordination
- DOH, CLIA, Fire Marshal + Building Dept
- Operational planning
- Risk management
- Staff readiness
- Monitoring of compliance and expiration dates

Next Step

Schedule your Opening Assessment to define:

- Required permits
- Risks to avoid
- Realistic timelines

This document is not exhaustive and is intended as a high-level overview. For a tailored assessment of your project and detailed guidance, please contact Netsaluti Consulting: **consulting@netsaluti.com**

Netsaluti Consulting — The safest path to opening and operating your medical practice.

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